



COGMED Working Memory Training Summer Savings

\$1450—Patient Cost (regular \$1650)

(Additional \$100 discount for 2nd family member)

\$1650—1800 Non-Patient cost (\$200 savings)

Descanso Medical Center for Development and Learning is one of a select group of sites offering Cogmed Working Memory Training - an evidence-based program for helping children, adolescents and adults sustainably improve attention by training their working memory.

The complete program includes:

- Initial interview and start-up session
- Five weeks of training (at home) with weekly coach calls
- Follow-up interview
- Access to Cogmed Training Web
- Cogmed Extension Training (12 months)

All training is computer-based, using a PC or Mac. Program adjusts complexity level for each exercise, in real time, for maximized training effect.

25 training sessions of 30-40 minutes each, done over 5 weeks

User/family sets the training schedule with the Cogmed Coach, with plenty of flexibility

Cogmed Training Web gives all users online access to their own training results and progress status

Cogmed Extension Training allows the user to further sharpen the acquired capacity and to verify how the results hold over time.

For more information or to sign up please contact our office.

**For More Information
OR
To Begin Training**

Contact

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